

# **Event regulations**

**Studentensport Nederland**

**2026**

**Organizing committees**



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## Abbreviations

AV	Algemene Vergadering (van SSN) – General Assembly (of SSN)
DB	Dagelijks Bestuur (van SSN) – Executive Board (of SSN)
EUC	European Universities Championship
EUG	European Universities Games
EUSA	European University Sports Association
GNSK	Groot Nederlands Studenten Kampioenschap – Grand Dutch Student Championship
MBO	Middelbaar Beroeps Onderwijs – Senior Secondary Vocational Education
HBO	Hoger Beroeps Onderwijs – University of Applied Sciences
HR	Huishoudelijk Reglement – Internal Regulations
NSK	Nederlandse Studenten Kampioenschap – Dutch Student Championship
OC	Organisatiecommissie – Organising Committee
OSSO	Overkoepelende Studenten Sport Orgaan – Umbrella Student Sports Organisation
SSB	Studentensportbond – Student Sports Federation
SSN	Studentensport Nederland – Student Sports Netherlands
USC	Universitair Sportcentrum – University Sports Centre
WO	Wetenschappelijk Onderwijs – University Education

## 1. Event regulations

- Art 1 These event regulations apply to all NSK's, including the GNSK. The GNSK is a combination of multiple NSK's. An NSK is a sporting event in which students from various universities and universities of applied sciences compete for the national title in a specific sports discipline under the auspices of SSN.
- Art 2 Establishment and approval of amendments to these regulations shall occur through a vote during the SSN General Assembly (GA), requiring at least a majority of valid votes cast, in a GA where at least the majority of officially recognized OSSO's are present.
- Art 3 In all cases not provided for by these regulations, the Executive Board (DB) shall decide.
- Art 4 Postponement of deadlines referred to in any of the articles is possible, but only after a written request has been submitted to the Executive Board and this request has been granted.
- Art 5 The Executive Board retains the right at all times to make an exception to the provisions in these regulations. This may be applied, for example, in cases where an exception contributes to the promotion of the sport or the organization of an NSK, provided that it is in the interest of student sports. The decision of the Executive Board is binding and will be approved based on the specific circumstances.

## 2. NSK's

- Art 6 NSK's are organized under the auspices of SSN.
- Art 7 SSN holds ownership of the title NSK. The use of the title NSK without permission from SSN is not permitted.
- Art 8 Within the NSK's, SSN distinguishes between NSK's with individual events and NSK's with team events.
- Art 9 The designation NSK will only be granted to events where:
- a. For individual events, at least fifteen participants from at least six different student cities have participated.
  - b. For team events, at least six teams from six different student cities have participated.
- Art 10 When an existing NSK has an edition that does not meet the requirements stated in Article 9, two dispensation years may be granted during which the event may still function as an NSK. If in the third consecutive year the requirements still cannot be met, the event will lose its designation as an NSK.

### 3. Application and Allocation of an NSK

Art 11 An OC (Organizing Committee) may apply to organize an NSK by sending a completed application form to info@studentensport.nl. When submitting the application form, a signature from the relevant OSSO or SSB must be provided.

Art 12 NSK applications will only be processed if they are received within the designated application period. The following application deadlines apply:

Application deadlines	
The NSK takes place between	NSK application deadline
1 August and 31 October	1 March
1 November en 31 January	1 June
1 February and 30 April	1 September
1 May and 31 July	1 December

Art 13 SSN ensures that other OSSO's and member affiliates recognized by SSN are notified within one (1) week after an NSK application deadline of the submitted NSK applications. At the moment of notification, any party may submit a counterbid within one (1) week. Within the following week, the Executive Board (DB) will make a final decision on the allocation of the NSK's. This allocation will proceed as follows:

- a. If, after the aforementioned deadlines, there are no other interested parties and the DB deems the applicant capable of successfully organizing the NSK, the NSK will be definitively assigned to the applicant. No appeal against this decision is possible.
- b. In the case of multiple applications for the same NSK, the DB will select the city that will host the NSK based on the bids received. The deadline for submitting an objection with a counterbid is set at one (1) week.

Art 14 In sports where an SSB is active and where agreements have been made on this in the covenant with SSN, the SSB will nominate a suitable OC. These OCs are also required to submit an official application at all times.

## 4. Payment of application and participation fees\*

Art 15 For organising parties affiliated with SSN through their OSSO / USC (see appendix), a voluntary contribution of €50 may be transferred to NL93 RABO 0111 2604 85 in the name of Student Sports Netherlands in order to complete the NSK application. This contribution is not mandatory but is strongly recommended by SSN, as it contributes to the support described in Article 35. If this contribution is not paid, the organising party cannot claim the facilities referred to in Article 35.

For organising parties that are not affiliated with SSN through an OSSO / USC, a mandatory fee of €450 applies in order to complete the NSK application.

With regard to the GNSK, should such a situation arise, separate arrangements will be made at that time.

Art 16 The participation fee is determined by the organizing party. Participants affiliated with SSN through their OSSO / USC / educational institution, see appendix, pay the designated registration fee to register for the NSK. Participants not representing one of the institutions affiliated with SSN, see appendix, pay an additional fee of €5 per person on top of the registration fee. For the GNSK, this additional fee is €10 per person. This fee must be collected by the OC and paid to SSN either prior to or no later than one week after the NSK/GNSK.

\* This applies to NSK's for which the application was submitted after 1 January 2026.

## 5. Organization of a NSK

Art 17 The OC is both organizationally and financially ultimately responsible for the NSK. In some cases, SSBs may assume this final responsibility. However, this is only possible when this has been formally established in a separate covenant.

Art 18 Before the NSK, SSN receives from the responsible OC:

- a. The NSK budget;
- b. Medal request form, if applicable;
- c. Social media post announcing the opening of registrations.

Art 19 The OC is free in its actions within the limits of:

- a. the Articles of Association and the HR (House Rules) of SSN;
- b. the general SSN guidelines and decisions;
- c. these event regulations;
- d. other instructions given by the Executive Board (DB) or GA when delegating the task.

Art 20 The organization of an NSK is only considered complete once SSN has received the following documents/payments from the OC after the NSK:

Within one week:

- a. A list of results.
- b. A list of participants indicating which educational institutions the participants represent and in which city they study.
- c. Contact details of the top 3 in sports where a European continuation event applies.
- d. Payment of the participation fee.

Within one month:

- a. A written evaluation, for which a standard form is available.
- b. The financial statement (actuals).
- c. At least 10 photos taken at the NSK.
- d. Any materials supplied by SSN.
- e. Any operational scripts/planning documents.

Art 21 SSN has the right to reclaim the NSK in the event of poor organization or mismanagement on the part of the OC. Poor organization is defined as the organizing committee failing to such an extent that the quality, safety, or reputation of the event is compromised. This includes, but is not limited to: failure to comply with safety or permit requirements, financial mismanagement, inadequate communication or planning, insufficient technical organization of the sport, or actions that harm the image of SSN or student sports.

Art 22 SSN applies the guidelines of the Alcohol Licensing and Catering Act (Drank- en Horecawet) to all its events. The organizing committee (OC) is responsible for complying with these guidelines and correctly applying all applicable laws and regulations regarding the serving of alcohol.

## 6. Participation

### 6.1 Participation

Art 23 Participation in SSN events is only permitted if the participant meets all of the following conditions:

1. Student status

The participant must (have been) a student at an mbo\*, hbo or wo educational institution in the Netherlands:

a. The participant is in the current calendar year a student at a Dutch educational institution.

OR

b. The participant was in the previous calendar year a student at a Dutch educational institution and either:

i. is still a student, **or**

ii. obtained their diploma in the previous calendar year.

**Example:** For an event in 2026, a participant may also compete if they were still a student in 2025, even if they have since graduated. In such a case, the participant must be able to present the diploma obtained in 2025.

\* In 2026, a pilot program allows mbo students to participate in NSK's. Based on this pilot, it will be decided whether mbo participation will continue in 2027. SSN cannot (yet) send mbo students to EUSA events.

2. Representation of a city

The participant represents:

a. the city in which they currently study or studied in the previous calendar year, and/or

b. an OSSO / USC / educational institution affiliated with SSN (see appendix), where the participant has purchased and paid for a one-year student sports subscription.

**Example:** A student studying at UvA (Amsterdam) but a member of the student athletics association in Leiden (with a valid annual subscription there), may choose whether to represent Amsterdam or Leiden.

3. Age Limit

The age of the participant is determined by the formula: year of birth = age. The participant must be at least 16 years old and not older than 30 years old on 31 December of the year of the event.

For NSK's in 2026, this means the participant must be born between 01/01/1996 and 31/12/2010.

A participant may not compete in an NSK if they:

- are a PhD student, unless they graduated in the previous year;
- graduated more than one year ago;
- is younger than 16 or older than 30 years of age.

Art 24 For participation in a team event, it is mandatory that all team members represent the same student city / association affiliated with an OSSO of SSN and where they have purchased a one-year student sports subscription. A team event involves any discipline in which two or more individuals participate together.

**Example:** Two rowers study in different cities but are members of the same student rowing club in Delft (with a valid subscription there). The rowing club is affiliated with SSN via OSSO SCVR in Delft. They may therefore participate together in the NSK representing Delft.

Art 25 Participants are required during an NSK to be able to present proof of enrollment at their educational institution for the current calendar year or a diploma obtained in the previous calendar year. If a participant represents another city than where they study, they must also provide proof of a paid year subscription for that respective city.

Art 26 Participants register directly with the organizing committee of the relevant NSK.

Art 27 The organizing committee is responsible for determining the registration fee, establishing the general terms and conditions applicable to registration, and verifying the validity of student status and sports subscriptions.

## 6.2 Participation in EUC's and EUG's

Art 28 On behalf of SSN, SSN International is responsible for the registration of student participants or student teams for the European University Championships (odd years) and the European University Games (even years).

Art 29 SSN International uses the selection and delegation policy as established by the Executive Board of SSN.

Art 30 In addition to the aforementioned delegation policy, the number of available participation slots per championship may vary. Therefore, the winner(s) of the respective NSK or play-off have first right of participation, followed by the second place, and so forth.

## 7. Tournament Regulations

Art 31 NSK's are played according to the most recent regulations of the national sport federation of the respective sport, unless the Executive Board (DB), in consultation with the OC, determines otherwise, for example regarding match duration or tournament format.

Art 32 Teams or individual participants must complete the schedule established by the competition secretariat, unless the competition secretariat decides otherwise in consultation with all involved parties.

Art 33 Teams or individual participants who, through fault or gross negligence, do not complete the

schedule properly will be removed from the competition and must pay a fine to the OC in accordance with the OC's fine regulations.

## 8. Support for OC's

Art 34 After allocation of the NSK, the OC will be assigned a fixed SSN contact person. The fixed contact person will have at least one meeting with the OC after approval of the NSK application, at least one interim meeting prior to the NSK, and one evaluation meeting after the NSK.

Art 35 For more effective support, the OC may expect the following from SSN:

- a. Access to a centralized drive including scripts and documents from previous editions of the NSK.
- b. A dedicated email address.
- c. Medals, see 'Sport Prizes'.
- d. Posters, see 'Promotional Materials'.
- e. SSN will make its network and resources available to promote the NSK.

### 8.1 Sport prizes

Art 36 For NSK's, SSN provides medals:

- a. For team events, each winning team per category receives medals or a trophy for the team members.
- b. For individual events, the players/participants finishing first, second, and third per category receive medals.

All required medals (including any extra medals for second and third place in team events) must be requested from SSN in advance by the OC. The SSN treasurer will then settle the costs directly with the OC.

Art 37 At least four weeks before the NSK, the OC must provide SSN in writing, using the medal request form, with the required number of medals or trophies. Additionally, the text for the stickers on the back of the medals and the delivery address must be provided. This information must be emailed to [pr@studentensport.nl](mailto:pr@studentensport.nl).

### 8.2 Promotion materials

Art 38 All OCs are eligible to order posters. The maximum number of A4 posters is 100, and the maximum number of A3 posters is 50. This option is valid only when the posters are printed through SSN.

Art 39 The OC must provide its own poster design digitally to SSN no later than eight weeks before the NSK. This design must be emailed to [pr@studentensport.nl](mailto:pr@studentensport.nl).

Art 40 The posters will be ordered only after SSN has approved the design.

Art 41 OCs may choose not to use the above-mentioned poster provision. In that case, they may declare up to €50 in costs for other promotional activities, provided this has been approved in advance by SSN.

### 8.3 Sponsorships

Art 42 The OC may enter into one-time sponsorship agreements, provided these do not harm the image of SSN or student sports.

Art 43 If an OC wishes to enter into a multi-year sponsorship agreement, SSN must be informed of this in writing.

Art 44 The OC must adhere to the prior agreements and deadlines associated with a sponsor arranged by SSN. If the agreements are not upheld, the sponsorship will be cancelled.

## 9. Protests

Art 45 Participants/teams may submit an official protest against other participants/teams or against the OC based on articles from:

- a. the SSN House Rules (HR);
- b. these event regulations;
- c. additional regulations or provisions established by members or the OC.

Note: Decisions made by referees or other officials cannot be contested, unless tournament-specific rules state otherwise.

Art 46 The protest committee is assembled by the OC, unless a specific tournament regulation specifies otherwise.

Art 47 A protest must be submitted to the competition secretariat as soon as possible after the alleged violation.

Art 48 The protest must be signed by an official representative of the team/participant and must include the following details:

- a. date, time, and location of the incident;
- b. the specific article or provision allegedly violated;
- c. a statement of the facts;
- d. names of the protesting team/participant, signees, and any witnesses.

Art 49 Protests will be processed after the preliminary rounds, semifinals, or finals in which the alleged violation occurred. The submitters of the protest must report to the protest committee — accompanied by any witnesses — at a time and place announced in advance.

Art 50 The decision of the protest committee regarding a protest is binding and cannot be appealed.

Art 51 Match-fixing and attendance obligation

**Definition:** Match-fixing is defined as any form of influence on the course or result of a match through agreements, actions, or negligence of players, teams, coaches, officials, or others, with the intent of achieving an unfair sporting outcome.

- a. All matches must be actually played. It is not permitted for teams or participants to mutually decide not to play a match or to pre-arrange a result.
- b. If a team or participant fails to appear without valid reason or intentionally does not complete a match, this may be regarded as match-fixing.
- c. In cases where match-fixing or non-attendance appears to occur, SSN and the protest committee have the authority to review or overrule the OC's or sports committee's decision.
- d. SSN may take appropriate measures in such cases, including nullifying results, imposing sanctions, or disqualifying the individual/team

## 10. Fine Regulations

Art 52 When an organizing committee intentionally circumvents the event regulations for its own benefit, the following applies:

1. One (1) year suspension from participation in NSK's as SSV and/or organization.
2. One (1) year suspension from the right to organize NSK's as SSV and/or organization.
3. A monetary fine of €200.

Art 53 In cases of match-fixing, the team/individual must pay a monetary fine of €200.

## **Appendix – Institutions affiliated with SSN**

### OSSO's

1. S.S.A Amsterdam
2. S.C.V.R Delft
3. E.S.S.F Eindhoven
4. S.U.T Enschede
5. ACLO Groningen
6. S.S.L Leiden
7. MUSST Maastricht
8. N.S.S.R Nijmegen
9. FOSST Tilburg
10. Sportraad Utrecht
11. Thymos Wageningen

### USC's

1. USC Amsterdam
2. Sportcentrum VU
3. X Delft
4. Studenten Sport Centrum Eindhoven
5. Sports & Culture University of Twente
6. ACLO studentensport Groningen
7. Universitair sportcentrum Leiden
8. UM sports
9. Radboud sport en cultuur
10. Sports Centre Tilburg
11. Sportcentrum Olympos
12. Sports Centre de Bongerd

### Onderwijsinstellingen

1. Vrije universiteit Amsterdam
2. Universiteit van Amsterdam
3. Hogeschool van Amsterdam
4. MBO institution Amsterdam
5. Hogeschool Inholland Amsterdam
6. Technische Universiteit Delft
7. De Haagse Hogeschool
8. Hogeschool Inholland Delft
9. Technische Universiteit Eindhoven
10. Fontys Eindhoven

11. Universiteit Twente
12. ROC van Twente
13. Rijksuniversiteit Groningen
14. Hanzehogeschool Groningen
15. MBO-instelling Groningen (laatstejaars in het collegejaar 2025/2026)
16. Universiteit Leiden
17. Maastricht University
18. Radboud Universiteit
19. HAN University of Applied Sciences
20. ROC Nijmegen
21. Tilburg University
22. Fontys Tilburg
23. Avans Hogeschool Tilburg
24. Universiteit Utrecht
25. Hogeschool Utrecht
26. Hogeschool voor de Kunsten Utrecht
27. Universiteit voor Humanistiek Utrecht
28. Utrechtse MBO-instellingen
29. Wageningen University & Research
30. HZ Vlissingen